

CYCLE # 1 – SUMMER/FALL MENU

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B R E A K F A S T	HOT CREAM OF RICE OR COLD CEREALS ASSORTED JUICE WESTERN OMELET HOME FRIES MILK C/T/S	HOT OATMEAL OR COLD CEREALS FRENCH TOAST SYRUP ASSORTED JUICES MILK OLEO MILK C/T/S	HOT FARINA OR COLD CEREALS CHEESE SCRAMBLED EGGS TOASTED BREAD ASSORTED JUICES OLEO MILK C/T/S	CHEESEY GRITS Or COLD CEREAL PANCAKE SYRUP ASSORTED JUICES OLEO MILK C/T/S	CINNAMON OATMEAL Or COLD CEREAL HARD BOILED EGGS TOAST ASSORTED JUICES OLEO MILK C/T/S	HOT FARINA Or COLD CEREAL ENGLISH MUFFIN CREAM CHEESE ASSORTED JUICES MILK OLEO MILK C/T/S	GRITS Or COLD CEREAL SAUSAGE TOAST ASSORTED JUICES OLEO MILK C/T/S
L U N C H	ROAST TURKEY W/ GRAVY STUFFING NORMANDY BLEND VEG LEMON MERINGUE PIE DINNER ROLL MARGARINE ASSORTED JUICE C/T/S	BAKED CHICKEN PLAIN RICE ASPARAGUS FRUIT CUPS OLEO BREAD MILK C/T/S	COUNTRY STYLE MEATLOAF BEEF GRAVY GARLIC MASHED POTATO SEASONED VEGETABLES PUDDING BREAD OLEO MILK C/T/S Garnish: Parsley	CHICKEN ALFREDO NOODLES BROCCOLI PEACHES BREAD OLEO MILK C/T/S	HAM BRUSSEL SPROUTS SWEET POTATOES CAKE DINNER ROLL OLEO MILK C/T/S	BAKED FISH RICE PILAF STEAMED CARROTS BREAD OLEO SHERBET MILK C/T/S Garnish: LEMON SLICES	OVEN FRIED CHICKEN ROASTED POTATOES SEASONED MIXED VEG BREAD FRUIT CUP OLEO MILK C/T/S Garnish: Parsley
S U B	COTTAGE CHEESE & FRUIT	HAM AND CHEESE SAND	FISH CAKES	HOT DOG ON A BUN	CHEF SALAD	GRILLED CHEESE	STUFFED CABBAGE RICE PILAF
D I N N E R	EGGPLANT PARM NOODLES TOSSED SALAD ASSORTED DRESSINGS PEARS ASSORTED JUICES MILK C/T/S Garnish: Parsley	VEGETABLE SOUP TUNA SALAD LETTUCE AND TOMATO 3-BEAN SALAD COOKIE ASSORTED JUICES MILK C/T/S	POT CHOW SOUP CHICKEN SALAD SAND LETTUCE TOMATO COLESLAW/ POTATO CHIPS ICE CREAM BREAD ASSORTED JUICES MILK C/T/S	CHILI PLAIN RICE CORN JELLO BREAD OLEO MILK C/T/S	MINISTRONE SOUP EGG SALAD PLATTER LETTUCE /TOMATO/ CUCMBER MACARONI SALAD APRICOTS OLEO MILK C/T/S	PIZZA TOSSED SALAD COOKIE OLEO MILK C/T/S	SPLIT PEA SOUP COLD CUT SAND LETTUCE TOMATO MACARONI SALAD BROWNIE ASSORTED JUICES MILK C/T/S Garnish: Pickle Chips
S U B	SEAFOOD SALAD	GARDEN QUICHE BREAD	RAVIOLI BREAD	PORK CHOP	LIVERWURST ON RYE	TURKEY SAND 3BEAN SALAD	WESTERN OMELET MIXED VEG

CYCLE # 2 – SUMMER/FALL MENU

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B R E A K F A S T	HOT CREAM OF RICE OR COLD CEREALS ASSORTED JUICE EGG-OMELET CHEESE HOME FRIES MILK C/T/S	HOT OATMEAL OR COLD CEREALS FRENCH TOAST SYRUP ASSORTED JUICES MILK OLEO MILK C/T/S	HOT FARINA OR COLD CEREALS SCRAMBLED EGGS TOASTED BREAD ASSORTED JUICES OLEO MILK C/T/S	GRITS Or COLD CEREAL PANCAKE SYRUP ASSORTED JUICES OLEO MILK C/T/S	CINNAMON OATMEAL Or COLD CEREAL CHEESEY SCRAM EGGS TOASTED BREAD ASSORTED JUICES OLEO MILK C/T/S	HOT FARINA Or COLD CEREAL CHEESE OMELETE BACON /HOME FRIES TOASTED BREAD ASSORTED JUICES MILK OLEO MILK C/T/S	GRITS Or COLD CEREAL PANCAKE SYRUP ASSORTED JUICES OLEO MILK C/T/S
L U N C H	OPEN FACE TURKEY SAND SEASONED NOODLES NORMANDY BLEND VEG PUMPKIN PIE MARGARINE ASSORTED JUICE C/T/S	GRILLED CHEESE MASHED POTATO GRAVY PEAS AND CARROTS APPLESAUCE OLEO BREAD MILK C/T/S Garnish: Escarole	CURRY CHICKEN SEASONED POTATO BUTTERED MIXED VEG MANDARIN ORANGES DINNER ROLLS OLEO MILK C/T/S Garnish: Parsley	CHICKEN PARAMSAN TOSSED SALAD GARLIC BREAD OLEO FRUIT CUP MILK C/T/S	CHICKEN NUGGETS MACARONI AND CHEESE COLESLAW BREAD OLEO PINEAPPLE MILK C/T/S	HAM & CHEESE MELT POTATO CHIPS COLESLAW BREAD OLEO PUDDING MILK C/T/S Garnish: LEMON SLICES	KEILBASA ON A ROLL SEASONED GREEN BEANS MACARONI SALAD CAKE OLEO MILK C/T/S Garnish: Parsley
S U B	COTTAGE CHEESE & FRUIT	CHICKEN POT PIE	STEAKUM ON HOAGIE ROLL	HAM AND CHEESE SANDWICH	CHICKEN SALAD WRAP	CHICKEN STEW	VEAL PATTY W/ BROWN GRAVY MASHED POTATO
D I N N E R	CREAM OF VEG SOUP CHICKEN SALAD PLATTER LETTUCE AND TOMATO POTATO SALAD DINNER ROLL PEACHES ASSORTED JUICES MILK C/T/S Garnish: Parsley	STUFFED PEPPERS TOMATO SAUCE BUTTERED RICE YELLOW CAKE ASSORTED JUICES MILK C/T/S	SALISBURY STEAK BUTTERED NOODLES GRAVY BRUSSEL SPROUTS ICE CREAM BREAD ASSORTED JUICES MILK C/T/S	FISH SANDWHICH CORN COLESLAW BREAD PUDDING OLEO MILK C/T/S	MEATBALL SANDWICH BUTTERED MIXED VEG HOAGIE ROLL JELLO BREAD OLEO MILK C/T/S	LENTIL SOUP BAKED ZITI GARLIC BREAD  OLEO PEARS MILK C/T/S	VEGETABLE SOUP TURKEY CLUB BEETS SALAD MAYONNAISE FRUIT CUP ASSORTED JUICES MILK C/T/S Garnish: Pickle Chips
S U B	HAMBURGER ON A BUN LETTUCE AND TOMATO ON SIDE	HOTDOG ON A BUN SAUERKRAUT ON SIDE	TUNA SALAD ON WHEAT WITH LETTUCE AND TOMATO ON SIDE	BOLOGNE ON RYE LETTUCE AND TOMATO	VEGGIE BURGER LETTUCE TOMATO	EGG SALAD SANDWICH LETTUCE LEAF/ONION SLICE	GRILLED CHEESE

CYCLE # 3 – SUMMER/FALL MENU

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B R E A K F A S T	HOT CREAM OF RICE OR COLD CEREALS ASSORTED JUICE EGG-OMELET CHEESE HOME FRIES MILK C/T/S	HOT OATMEAL OR COLD CEREALS FRENCH TOAST SYRUP ASSORTED JUICES MILK OLEO MILK C/T/S	HOT FARINA OR COLD CEREALS SCRAMBLED EGGS TOASTED BREAD ASSORTED JUICES OLEO MILK C/T/S	GRITS Or COLD CEREAL PANCAKE SYRUP ASSORTED JUICES OLEO MILK C/T/S	CINNAMON OATMEAL Or COLD CEREAL CHEESEY SCRAM EGGS TOASTED BREAD ASSORTED JUICES OLEO MILK C/T/S	HOT FARINA Or COLD CEREAL CHEESE OMELETE BACON /HOME FRIES TOASTED BREAD ASSORTED JUICES MILK OLEO MILK C/T/S	GRITS Or COLD CEREAL PANCAKE SYRUP ASSORTED JUICES OLEO MILK C/T/S
L U N C H	COUNTRY FRIED CHICKEN BUTTERED NOODLES SEASONED PEAS CHOCOLATE CREAM PIE MARGARINE ASSORTED JUICE C/T/S	CHICKEN PARMESAN TOMATO SAUCE ANGEL HAIR PASTA STEAMED VEGETABLES MIXED FRUIT OLEO BREAD MILK C/T/S Garnish: Escarole	MEATLOAF W/ GRAVY MASHED POTATO STEAMED CARROTS COOKIE DINNER ROLLS OLEO MILK C/T/S Garnish: Parsley	CHICKEN FRIED RICE ORIENTAL BLEND VEGGIE EGG ROLL OLEO FRUIT CUP MILK C/T/S	PORK CHOP SEASONED NOODLES MIXED VEGETABLE APPLESAUCE BREAD OLEO  MILK C/T/S	BAKED FISH BROC/ CAULIF MIX SWEET POTATO BREAD OLEO ICE CREAM MILK C/T/S Garnish: LEMON SLICES	CHICKEN CUTLET BUTTERED NOODLES STRING BEANS PUDDING OLEO MILK C/T/S Garnish: Parsley
S U B	QUICHE GARDEN	CHEF SALAD	GRILLED CHEESE	TACO W/ MEXICAN CORN	STUFFED SHELLS	TUNA MELT	SALISBURY STEAK W/ GRAVY
D I N N E R	SLOPPY JOE ON A BUN CORN MACARONI SALAD DINNER ROLL PEACHES ASSORTED JUICES MILK C/T/S Garnish: Parsley	TURKEY SALAD SANDWICH LETTUCE TOMATO COLESLAW W/ PICKEL JELLO ASSORTED JUICES MILK C/T/S	LUCH MEAT ON A HOAGIE LETTUCE AND TOMATO POTATO CHIPS W/ PICKEL ICE CREAM BREAD ASSORTED JUICES MILK C/T/S	TUNA SALAD SANDWICH LETTUCE AND TOMATO CUCUMBER SALAD SHERBET BREAD OLEO MILK C/T/S	EGG SALAD SANDWICH LETTUCE AND TOMATO COLESLAW W/ PICKEL JELLO BREAD  OLEO MILK C/T/S	PIZZA TOSS SALAD PINEAPPLES OLEO PEARS MILK C/T/S	CHILLI MEXICAN CORN WHITE RICE FRUIT CUP ASSORTED JUICES MILK C/T/S Garnish: Pickle Chips
S U B	SEAFOOD SALAD	BREADED VEAL	CHEESE EGG OMELET	COTTAGE CHEESE & FRUIT	KIELBASA ON A ROLL	EGG SALAD SANDWICH LETTUCE LEAF/ONION SLICE	HAM AND CHEESE SANDWICH

**CYCLE # 4 – SUMMER/FALL MENU**

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B R E A K F A S T	HOT CREAM OF RICE OR COLD CEREALS ASSORTED JUICE VEGGIE-OMELET CHEESE HOME FRIES MILK C/T/S	HOT OATMEAL OR COLD CEREALS FRENCH TOAST SYRUP ASSORTED JUICES MILK OLEO MILK C/T/S	HOT FARINA OR GOLD CEREALS SCRAMBLED EGGS TOASTED BREAD ASSORTED JUICES OLEO MILK C/T/S	GRITS OR GOLD CEREAL PANCAKE SYRUP ASSORTED JUICES OLEO MILK C/T/S	CINNAMON OATMEAL OR COLD CEREAL HARD BOILED EGGS TOASTED BREAD ASSORTED JUICES OLEO MILK C/T/S	HOT FARINA OR COLD CEREAL SCRAMBLED EGGS BACON /HOME FRIES TOASTED BREAD ASSORTED JUICES MILK OLEO MILK C/T/S	GRITS OR COLD CEREAL FRENCH TOAST SYRUP ASSORTED JUICES OLEO MILK C/T/S
L U N C H	MACARONI AND CHEESE ZUCCHINI APPLE PIE DINNER ROLL MARGARINE ASSORTED JUICE C/T/S	SPAGHETTI MEAT SAUCE ANGEL HAIR PASTA TOSS SALAD CAKE OLEO BREAD MILK C/T/S Garnish: Escarole	ROAST TURKEY W/ GRAVY STUFFING STRING BEANS COOKIE DINNER ROLLS OLEO MILK C/T/S Garnish: Parsley	LASAGNA W/ MEAT SAUCE CUCUMBER SALAD GARLIC BREAD OLEO FRUIT CUP MILK C/T/S	ROAST BEEF MASHED POTATO MIXED VEGETABLE SHERBET BREAD OLEO  MILK C/T/S	BATTERED FISH YELLOW RICE CALIFORNIA BLEND BREAD OLEO COOKIE MILK C/T/S Garnish: LEMON SLICES	BBQ CHICKEN LEGS ROASTED POTATOES BUTTERED CORM PUDDING OLEO MILK C/T/S Garnish: Parsley
S U B	BAKED FISH	BRO/CHEESE QUICHE	FISH STICKS	DELI PLATE KAISER ROLL	VEGGIE PATTY	GRILLED CHEESE	STUFFED PEPPERS
D I N N E R	CHICKEN SANDWICH MACARONI SALAD PICKEL W/ POTATO CHIPS ON A BUN PEACHES ASSORTED JUICES MILK C/T/S Garnish: Parsley	BREADED VEAL SANDWICH LETTUCE TOMATO COLESLAW W/ PICKEL JELLO ASSORTED JUICES MILK C/T/S	LUCH MEAT ON A HOAGIE LETTUCE AND TOMATO POTATO CHIPS W/ PICKEL PEARS BREAD ASSORTED JUICES MILK C/T/S	BAKED FISH RICE AND BEANS SPINACH PUDDING BREAD OLEO MILK C/T/S	TURKEY POT PIE BEET SALAD JELLO BREAD  OLEO MILK C/T/S	PIZZA TOSS SALAD PINEAPPLES OLEO MILK C/T/S	HAMBURGER ON A BUN FRENCH FRIES COLESLAW FRUIT CUP ASSORTED JUICES MILK C/T/S Garnish: Pickle Chips
S U B	SEAFOOD SALAD	BREADED VEAL	CHEESE EGG OMELET	TUNA MELT	EGG SALAD PLATTER	CHICKEN NUGGETS W/ BBQ	HOTDOG ON A BUN